

Swimming Pool Timetable

Monday 21st July 2025– Sunday 27th July 2025

*prebooking required

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Closed	Adult Only	Adult Only	Adult Only	Adult Only	Adult Only
		7:00-8:45	6:30-8:45	7:00-8:45	7:30-10:00	7:15-9:00
		12:30-13:30	12:30-13:30	12:30-13:30		16:00-18:00
		* Family Fun	* Family Fun	* Swim School Activities	General Swim	General Swim
		10:30-11:15	10:30-11:15	10:30 -11:30	11:00 - 14:30	9:00-11:00
					16:00-17:00	12:00-15:00
Closed		* Camp	* Camp	* Camp	* Family Fun	* Family Fun
		13:30 – 18:00	13:30-16:30	13:30-16:30	10:00-10:45	11:00-11:45
					15:00-15:45	15:00 -15:45
		General Swim (pool share)	General Swim	General Swim	* Adult Lessons	* RNSC Masters
		18:15-21:00	17:00-20:00	17:00-21:00	16:00-16:45	18:30-19:30
			* RNSC Masters			
			20:00-21:00			

Please note timetable is subject to change at any time