

SPORTS CENTRE

ST MARGARET'S

School Term Time Gym and Fitness Timetable

Gym & Fitness Timetable Monday 14th July – Sunday 20th July

MON	TUE	WED	THU	FRI	SAT	SUN
GYM	GYM	GYM	GYM	GYM	GYM	GYM
6:30 – 21:30	6:00 - 21:30	6:30 - 21:30	6:00 21:30	6:30 - 21:30	7:30 - 17:30	7:30 - 19:30
PILATES (OVER 50'S)	LBT			TOP2TOE TONE UP		BOUNCE
12:30-13:30	9:30-10:30			9:30-10:30		9:00-10:00
	PILATES	PILATES Headtotoeharmony				
	12:30-13:30	19:00-20:00				
PILATES	BOUNCE	ZUMBA				
20:00-21:00	19:00-20:00	19:15-20:15				

Please Note: Timetable is subject to change at any time.

Bounce- book via <https://bookwhen.com/BOUNCEBUSHEY>

Pilates (headtotoeharmony) <https://www.headtotoeharmony.co.uk>

ZUMBA Weds - Pay Instructor

Pilates- £6 at reception

LBT - £6.50 at reception

Top 2 Toe Tone up - £6.50 at reception