

SPORTS CENTRE

Gym and Fitness Timetable ST MARGARET'S February Half Term 2025
Monday 17th February-Sunday 23rd February

Please Note: Timetable is subject to change at any time.

MON	TUE	WED	THU	FRI	SAT	SUN
GYM	GYM	GYM	GYM	GYM	GYM	GYM
6:30-21:30	6:00-21:30	6:30-21:30	6:00-21:30	6:30-21:30	7:30-17:30	7:30-19:30
	LBT 9:30-10:30			TOP2TOE TONE UP 9:30-10:30		BOUNCE 9:00-10:00
	PILATES 12:30-13:30	PILATES (Headtotoeharmony) 19:00-20:00				
	BOUNCE 19:00-20:00	ZUMBA 19:15-20:15				

Bounce- book via https://bookwhen.com/BOUNCEBUSHEY

Pilates- £6

Pilates (headtotoeharmony) book via https://www.headtotoeharmony.co.uk

ZUMBA-Pay Instructor Top2Toe Tone Up- £6.50 LBT (Legs Bums Tums) £6.50

Website - www.stmargaretssportscentre.org.uk