

# SPORTS CENTRE

ST MARGARET'S

## School Term Time Gym and Fitness Timetable Monday 6th January- Sunday 6th April

Please Note: Timetable is subject to change at any time.

MON	TUE	WED	THU	FRI	SAT	SUN
<b>GYM</b>	<b>GYM</b>	<b>GYM</b>	<b>GYM</b>	<b>GYM</b>	<b>GYM</b>	<b>GYM</b>
6:30-8:45 17:30-21:30	6:00-7:00 17:30-21:30	6:30-8:45 17:30-21:30	6:00-07:00 17:30-21:30	6:30-8:45 17:30-21:30	7:30-17:30	7:30-19:30
	<b>LBT</b> 9:30-10:30			<b>TOP2TOE TONE UP</b> 9:30-10:30		<b>BOUNCE</b> 9:00-10:00
<b>PILATES</b> 12:30-13:30	<b>PILATES</b> 12:30-13:30	<b>PILATES</b> (Headtotoeharmony) 19:00-20:00				
<b>PILATES</b> 20:00-21:00	<b>BOUNCE</b> 19:00-20:00	<b>ZUMBA</b> 19:15-20:15				

Bounce- book via <https://bookwhen.com/BOUNCEBUSHEY>

Pilates- £6

Pilates (headtotoeharmony) book via <https://www.headtotoeharmony.co.uk>

ZUMBA-Pay Instructor

Top2Toe Tone Up- £6.50

LBT (Legs Bums Tums) £6.50

Website - [www.stmargaretssportscentre.org.uk](http://www.stmargaretssportscentre.org.uk)