

# SPORTS CENTRE

ST MARGARET'S

## Gym and Fitness Timetable

October Half Term

Monday 21st October-Sunday 3rd November

Please Note: Timetable is subject to change at any time.

MON	TUE	WED	THU	FRI	SAT	SUN
<b>GYM</b>	<b>GYM</b>	<b>GYM</b>	<b>GYM</b>	<b>GYM</b>	<b>GYM</b>	<b>GYM</b>
6:30-21:30	6:00-21:30	6:30-21:30	6:00-21:30	6:30-21:30	7:30-17:30	8:00-19:30
	<b>LBT</b> 9:30-10:30			<b>TOP2TOE TONE UP</b> 9:30-10:30		<b>BOUNCE</b> 9:00-10:00
<b>PILATES</b> 12:30-13:30	<b>PILATES</b> 12:30-13:30					
	<b>BOUNCE</b> 19:00-20:00	<b>ZUMBA</b> 19:15-20:15				

Bounce- book via <https://bookwhen.com/BOUNCEBUSHEY>

Pilates- £6

ZUMBA-Pay Instructor

Top2Toe Tone Up- £6.50

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**LBT (Legs Bums Tums) £6.50**

**Website - [www.stmargaretsportscentre.org.uk](http://www.stmargaretsportscentre.org.uk)**