

SPORTS CENTRE

ST MARGARET'S

Gym and Fitness Timetable - Summer Holidays Thursday 11th July- Tuesday 3rd September

Please Note: Timetable is subject to change at any time.

MON	TUE	WED	THU	FRI	SAT	SUN
GYM	GYM	GYM	GYM	GYM	GYM	GYM
6:30-21:30	6:00-21:30	6:30-21:30	6:00-21:30	6:30-21:30	7:30-17:30	8:00-19:30
	LBT 9:30-10:30			TOP2TOE TONE UP 9:30-10:30		BOUNCE 9:00-10:00
PILATES 12:30-13:30	PILATES 12:30-13:30					
	BOUNCE 19:00-20:00	ZUMBA 19:15-20:15	BOUNCE 19:15-20:15			

Bounce- book via <https://bookwhen.com/BOUNCEBUSHEY>

Pilates- £6

ZUMBA-Pay Instructor

Top2Toe Tone Up- £6.50

LBT (Legs Bums Tums) £6.50

Website - www.stmargaretsportscentre.org.uk