



	06:30	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00			
Mon	Closed		Adults Only 08:00-08:45					SMB				Adults Only 12:30-13:30		SMB								Swim School											Closed	
Tue	Closed		Adults Only 08:00-08:45		Swim School			SMB				Adults Only 12:30-13:30		SMB																	Masters		Closed	
Wed	Closed		Adults Only 08:00-08:45					SMB				Adults Only 12:30-13:30		SMB										Swim School			Jet Stream					Closed		
Thu	Closed		Adults Only 08:00-08:45					SMB				Adults Only 12:30-13:30		SMB																	Masters		Closed	
Fri	Closed		Adults Only 08:00-08:45			SMB		Swim School				Adults Only 12:30-13:30		SMB																		Harrow		Closed
Sat																																		
Sun																																		
	06:30	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00	15:30	16:00	16:30	17:00	17:30	18:00	18:30	19:00	19:30	20:00	20:30	21:00	21:30	22:00			

All swimming slots must be pre-booked  
 Timetable is subject to change at any time.  
 Membership Terms & Conditions Apply