



St Margaret's **SPORTS CENTRE**

Member Update July 2020

We hope this update finds you well and the past few months have been kind to you.

We wanted to write and update you with regards the sports centre reopening on Monday 27th July 2020.

As a centre the safety and wellbeing of all our members, users and staff is paramount so we have been working hard behind the scenes to ensure the building is safe, clean and ready for use.

What we are doing;

- Increased frequent cleaning
- Hand Sanitising Stations set up throughout the centre
- Reducing user numbers in each area to allow for social distancing
- Providing training for all staff on post Covid-19 operations
- Providing clear usage instructions for each area
- Restricting the amount of users in the centre.

Everyone's visit will be slightly different to what we are used to pre COVID-19 so we are asking all members to ensure they read all literature, signage and information thoroughly.

Changes you will see;

- A one way system around the building with different exit points for some areas.
- Reduced capacity in some areas
- Restricted Changing Room access/usage
- Activity timing restrictions
- The removal of some equipment such as floats, lockers and fitness equipment.

What we are asking form our Members;

- **If you have any Coronavirus signs or symptoms to please stay at home.**
- Adhere to the current social distancing guidelines
- Ensure you wash you hands frequent during your visit.
- **Pre Book your activity, all activities must be pre booked prior to you attending the centre**
- Come 'Activity Ready', full changing facilities will not be available please be prepared to leave immediately after your booking slot/activity has finished.
- Wipe down any equipment that you may use during your visit using the sanitiser and towels provided.

Pre Booking

All activities will need to be prebooked via reception (0208 4164600). Payment can be made either over the phone or at reception on your visit. Bookings will begin to be taken from Thursday 23rd July and can be made up to 6 days in advance. Upon booking your name and number will be taken in order to comply with our Track and Trace Policy. A full timetable will be available from our website in the coming days. Activity timings have been restricted to allow for changeover of members and to allow for the additional cleaning of areas.

Activity Session Length

Badminton	50 Minutes
Fitness Room	50 Minutes
Swimming	45 minutes
Tennis	50 Minutes

Activity Limitations

Swimming - at this stage swimming will be open to **Adult Members Only (18+)**, we will be looking at the introduction of Family & General Swim Sessions as and when guidance allows. Updates will be provided on these sessions once they have been decided. Guests will not be permitted at this time.

Members will only be allowed to book a maximum of one swim session per day, this is to allow all swimmers to have the opportunity to return to the pool.

There will be a maximum of 9 swimmers allowed per 45 minute session.

The pool will be sectioned into 3 large lanes and each lane will have a directional system to follow.

Swimmers are asked to ensure they do not congregate at the end of lanes and to maintain social distancing.

Full changing facilities will not be available and swimmers are advised to come 'beach ready' and be prepared to leave immediately after their swim. Toilet facilities will be available.

Badminton – Members will be available to bring up to 3 other persons to play. Within the 4 players there can be no more than 2 separate households playing, with separate households playing on opposite sides of the court.

Tennis - Members will be available to bring up to 3 members to play from up to 4 different households. Tennis court bookings will not have access to the sports centre facilities apart from toilets.

Fitness Room – Members are encouraged to use the fitness room at the same time as other members of their household where possible. There will be a maximum of 3 members allowed to use the fitness room during one session.

Fitness Classes- A selection of fitness classes will resume from Monday 3rd August. These also will need to be booked in advance. In line with current Membership Terms and Conditions Non-members can pre book fitness classes. There is a maximum of 15 participants allowed per class and participants are encouraged to bring their own exercise mats/equipment where possible.

These have proved to be challenging times for all and there may be changes from day to day and we will endeavour to communicate these as effectively as possible and whilst we work to find a new normal of operating we ask you for your continued patience and understanding.

We look forward to welcoming you back soon.

The Sports Centre Team